

WALK 1 Cargreen and Landulph

The first walk is quite a short one at just 3.5 miles but it does introduce you straight away to the River Tamar as the first part of the walk is along the shoreline. From Landulph Church there is also a shoreline walk all the way back to Cargreen but not recommended as it is very muddy and very much depends on the tide and time of year. However do go on down to the shoreline as you will be overlooking the Tamar Estuary Nature Reserve so don't forget to take your binoculars if you want to do a spot of birdwatching on the way. You will start in Cargreen which is in the parish of Landulph. Landulph quay is not marked on any map but it is said that pilgrims departed from there to the shrine of St James Compostela in Santiago Spain in 1434 and in later years.

You will see from the pictures the walk is muddy but it was photographed in January following a wet week.



Up river view from Cargreen



The walk starts at the very end of Fore street where it meets the river. PL12 6PA SX436626. From here turn left and walk across the private quay and then along the foreshore until you see this yellow Gas Line warning post. (However if the tide is in you won't be able to walk these first few hundred meters and will need to take an alternative inland route. Instead of getting your feet wet walk back up Fore Street and turn right into Coombe Lane. Stay on this road.)



Assuming the tide is out and you have walked along the foreshore take the footpath behind the Yellow Gas sign.

After passing the parked yachts turn right into Coombe Lane now an unsurfaced track and carry on along the lane.





When the lane bends sharply right go left and then up some steps and through a wooden gate into a field.

With the gate behind you fork left to go across 2 fields in a straight line passing through a wide gateway at the end of the first field.

At the far end of the second field go through the metal gate and walk along the field edge with the hedge on your left.



Go through the next gate and after about another 100m or so when you reach the road turn left.

Walk on down the road for about 300m passing St Anns on your left which is named after a holy well located in the field behind. Then a few meters past the entrance to Grove which is on your right turn right through a gap in the hedge over a stile and across the field in front of you. *(If you find the field is impassable then stay on the road and take the first right turn then the first left turn).*





With the stile behind you go straight across the field, (which I have on several occasions found seriously poached by cows and very muddy) and you will get to a stile in the far corner. Go over the stile and walk down the hedge line. To a gate behind the buildings in front of you.

Go through the wooden gate and along the drive in front of Grove Villa. When the drive meets the road go straight across to go down the lane with the cul de sac sign post.



When the lane makes a sharp right, turn left on to the bridleway. Stay on the bridleway all the way to Landulph Church.

Turn left when you reach the church to walk up the road. (The photo is looking back at the church)

Excursion

However you could turn right and make an excursion down to the shoreline to look over the Tamar Estuary Nature Reserve. Binoculars would be useful.





The excursion is about 400m. Turn right at the church and walk on down the road. Just past the cemetery on your left the path turns right into the Tamar Estuary Nature Reserve. Stay on the path all the way to the shoreline. From here you could walk all the way back along the shore to Cargreen but only at very low spring tides.



On reaching the third bend in the road turn right to go along a well used footpath that will take you over the hill and back into the village of Cargreen along Penyoke lane passing a play area on your right.



