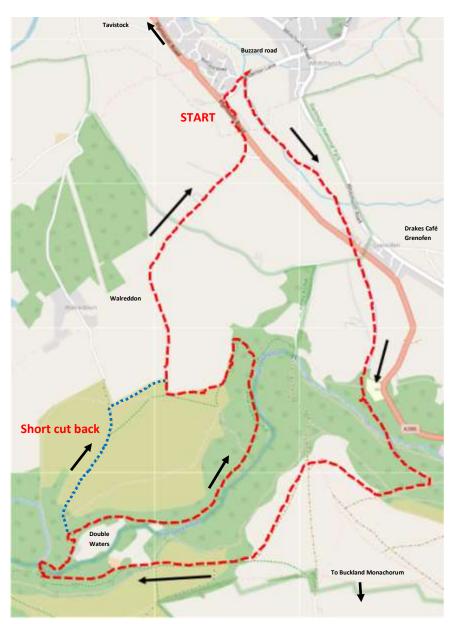


## Anderton Lay By A386

## to Double Waters

A circular walk of 5 or 6 miles that should take about 2.5 or 3 hours depending on if you take the shortcut (excluding stopping for a picnic and taking photos.)



This BuStop walk will take you through Grenofen tunnel over Gem bridge across the north end of Roborough Down on to Double waters and back via West Down returning to the bus stop on the other side of the A386. The walk starts at the Anderton Lay-by bus stop on the Plymouth bound carriageway.

The bus won't stop unless you ask. Coming from Tavistock ring the bell having gone around the roundabout leading into Buzzard Way and when you can see the brown Whitchurch Inn sign on your left. From Plymouth ring the bell when you go down the hill after passing Drakes Café which is on your right and get off at the Anderton lay-by bus stop and cross over the road.





With the bus stop behind you walk towards Tavistock to the junction and turn right to walk down hill on Anderton Lane.



At the bottom of the hill turn right onto Drakes Trail a combined footpath and cycle track and stay on the tarmac path...



....to go through Grenofen Tunnel which passes underneath the A386



Over a raised board walk that was rebuilt in 2023



And then over Gem bridge built in 2012



Having gone over Gem bridge and a just past a wall of railway sleepers on your right fork left. (If you find you have reached a bridge you need to be on it not under it)



A short way along the path keep right



Then fork right to go over the railway bridge believed to be called Skew Bridge.



Follow the wide track up through the wood and turn right when you reach a crossroads of grassy tracks



After a couple of hundred yards fork left



Quite quickly meeting another crossroads of grassy tracks. Here go straight across and stay on this track until you meet a road.



Turn right and walk down the hill. The tarmac road ends at a house but keep going on the now unmade up slightly muddy track.





You will eventually come to a bridge which was rebuilt in September 2023. It could do with being twice as long as you may find it quite wet to get to depending on the height of the river.



Having gone over the bridge you have now reached Double Waters a fine place to have a picnic.



Continuing, start to walk up the River Tavy but quite quickly turn right to go into a tall rock cutting called Goat Rock. Take care it can be a bit slippery as you go through.



You will now find that the river Walkham is now on your right. Walk on through the wood. Soon the woodland track you are on becomes a short steep concrete track.



At the top of the short incline you have a choice of going straight back or back via the river bank. Scroll down a few pages for the short cut back instructions. For the river bank route turn right and walk on down the drive to go past the houses on your right. Stay on the obvious track to eventually reach once more the river Walkham on your right.



Stay on the (in places rooty rocky) woodland path with the river on your right for about a mile.



You can walk right next to the river all the way but if you keep to the path that veers away from the river you come across old moss encrusted mine buildings and a chimney built but probably never used as the flue is quite clean inside.



Passing the chimney you arrive at this stonemasons wall where elvan rock was shaped having been cut from the quarry above



Quite soon after the stonemasons wall turn left to go up through woodland on a zig zag path. You can avoid the muddy sunken bridleway by taking a short cut up through the wood.



Its a steep woodland but the hairpin bends make it quite an easy walk. There is even a sign post half way up.



On emerging from the woodland you will find a wall on your right. You need to keep the wall on your right all the way to a moor gate to join the short cut walk.

## The shortcut route



To take the shortcut fork left and walk up the hill on the wide track and when you meet the woodland behind a moorland boundary wall fork right and stay next to the wall which should be on your left all the way to the moor gate.



Go through the Moor gate and walk along the little lane and straight across at the cross roads





When you reach the bottom of the hill turn left and walk back to the bus stop. If you are going back to Plymouth you will have to cross over the A386 but there is good visibility.

