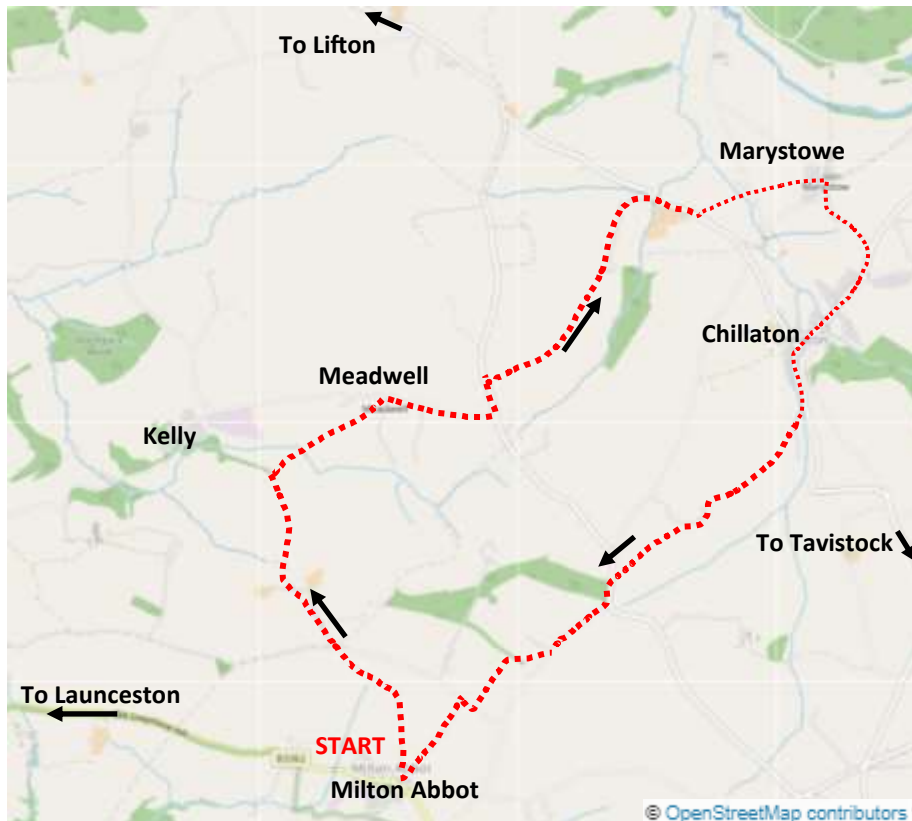


# Milton Abbot Meadwell and Marystowe

This is a walk of about 8 miles starting in Milton Abbot to the west of Tavistock and takes you through Meadwell, Marystowe and Chillaton using footpaths bridleways and green lanes.



Park where you like in Milton Abbot and walk up to the lych gate of St Constantine Church that faces the main road. Cross over and walk up the driveway that is on the other side of the road.



**Go through the gate at the top of the drive and follow the Tamar Valley Discovery Trail way markers on the well walked path up the edge of the field.**



**Go over the stile fork left and keep following the TVDT**



**Having gone through the fields following the TVDT way markers turn left when you reach the road.**



**In less than 50m leave the TVDT and fork right up the farm track and stay on the track for nearly three quarters of a mile passing farm buildings on your right.**



**When the track turns left into a field keep going straight ahead for another 30m and then turn right to go through the hedgerow and cross the field in front of you....**



**...to a gate on the other side. Go through the gate and through a small wood to reach another gate on the other side of the wood.**



**Go through the gate and follow the hedge on your left but only up to the corner you can see in front of you.**



**When you reach the corner fork left up to a stile in the fence that is just visible ahead of you**



**Go over the stile and then cut off the bottom corner of the field by forking right as you walk across to a gate that is quite hard to see until you get close to it.**



**You are now on a wide track with buildings on either side which will bring you out to the road in the middle of Meadwell. On reaching the road turn right, walk to the T junction a bit more than half a mile away.**



**At the T junction turn left and walk along the verge for 130m until you reach this gate on your right. Now follow the hedge on your right through 3 fields to a**



**To a gate in the corner of the 3rd field. Follow the wide track behind the gate to go around a house and garden.**



**And then walk down their long drive**



**When you reach the road at the end of their long drive turn right and walk up the road to face oncoming traffic.**



**You are now on quite a fast road but it is only for about 200m. Having gone past a wide drive leading into Warracott and just past the road sign cross over the road and go over a stile into a field.**



**Forking very slightly right go across the field to a gate way**



**Its quite a damp field and the gateway may well be under water. If it is walk along the hedge line with the hedge on your right and you will quickly find a way through. Having gone into this next field go straight across.**



**Over a stile and over a bridge then fork right across a much smaller field.**



**Go over another stile and fork right again**



**Where on the other side of the next small field you will find another bridge to go across.**



**On the other side of the bridge turn right to follow the driveway but don't go out to the road.**





**Just before you reach the road turn left through the gate**



**Go through the hedge down onto the road across the road and up the bank and over a stile.**



**And straight across the field to a gate on the other side**



**Go through the gate and keep close to the hedge on your right**



**Over another stile**



**And another one. To finally reach the road next to Marystowe church.**



**Step out on to the road and turn right. Walk to the T junction and turn right again**



**Turn left at the next junction**



**Turn right at the T junction and walk on into Chillaton**



**Walk all the way through Chillaton heading towards Tavistock. Having gone past the right turn to Lifton you will find more cars using the road so you will need to take a bit of extra care as you start to walk up the hill out of Chillaton. In less than a quarter of a mile fork right to go down the bridle path**



**When you reach a gate turn right and keep following the bridle way.**



**When you reach this footpath and bridleway junction keep straight ahead to go through the gate into a field and follow the track up to a gate in the corner of the field**



**Go through the gate by the telegraph pole and keeping**



**Go through the gate and follow the wide track in front of you**



**When you reach a driveway turn left and walk down and loop around to the right as you go past the house at Narracott. Its all quite obvious there is nowhere else to go.**



**Just past the wood yard on your left go through the metal farm gate and then ignoring the wide vehicle track fork left to go across the field.**



**This will take you to the corner of the field and onto a new track that initially follows the hedge on your left.**



**When the hedge on your left gives out go across the middle of the next field passing a large tree and through this gate on the other side.**



**You are now in a field that tapers to a point on your right. Fork slightly left.**



**On reaching the other side of the field go through this gate and out onto the road and turn left and then in 100m fork right.**



**Walk up the long straight road until you get to the top of the hill then soon after you start to go down the other side look out for this gateway and fingerpost on your right. Go through the gate and fork left .**



**This will take you to a gate in approximately the midway point of the hedge line in front of you.**



**Go through the gate across the track and through another gate to head off down hill between a fence and a hedge. There is a lovely view of the Tamar Valley as you walk down hill.**





**Turn right when you reach the road**



**In less than 100m turn left to keep walking down hill again between a fence and a hedge**



**When you reach the bottom of this field fork right to go across the middle of the next field to a gate in the far right corner.**



**Go through the gate and walk the fenced in footpath all the way down and towards the village.**



**Then going through this last gate walk on past the buildings and turn right to walk back towards the church and your car.**

Views on a sunny day

