

# TAMAR TAVY TRAINS and TRACKS

## A circular walk around Bere Ferrers



The walk starts by the quay at Bere Ferrers just down from the Old Plough Inn. Its just under 7 miles and should take you about three and a half hours. There is a bit of road walking but it is mostly on footpaths and bridleways. Start by walking up through the village passing the pub on your left.



**Turn left when you reach the village hall and go all the way to the top of the road....**



**... and when you reach the sharp right hand bend fork left.**



**Under the railway bridge and straight on....**

**... to follow The Tamar Valley Discovery Trail a track that can be a little muddy especially in the winter.**





**Follow the tractor tracks and fence line all the way to the bottom of the hill...**

**...and then turn right to walk along the bottom edge of the field with the fence/hedge on your left.**



**Turn left when you reach this opening ...**

**...go over the stile and into the field behind.**





To go along a boardwalk and ..... then through a gate....



...and another gate .....and another boardwalk



When you reach Liphill Quay go around the wall.

Then as you leave the yard turn immediately left to go through the pedestrian gate .



**Over the stile  
and follow the  
path along the  
bottom edge  
of the field.**



**At the end of the  
path go over the  
bridge and turn  
left and walk up  
the road for  
250m.**



**Turn right and walk up this  
unmade road for  
just over 1km. The first  
half is quite steep.**





**When you reach the cross roads turn right and walk along the road for 500m passing a house on your right.**

**Turn right when you reach a footpath crossing the road and go past a cottage.**



**Go over a railway bridge (a good place to pause for a drink and snack) then through a gate and turn right up to a field corner.**



**Go through the metal gate  
in the field corner...**

**...and walk up through  
2 fields with the hedge  
on your left.**



**Go over the stile next  
to the caravan ....**

**...and past all the  
farm buildings on  
your right.**





**On reaching this footpath signpost turn right into the field and walk by the hedge on your right.**

**After 50m angle away from the hedge....**



**..to arrive at this gateway on the other side of the field. Then go across the field towards the arrow.**



**In the corner of the field go through the pedestrian gate and then on up the edge of the next field.**







**Through a gate and between two tall hedges.....**



**... out on to a private drive passing some stables ...**

**..and on reaching the road junction turn left to walk up the road but only for 120m.**





**Turn right to walk up through Well Farm following the way markers.**

**Turn right just past the open fronted barn and keep following the way markers.**



**Go straight across the field keeping to the left of the pole to reach a gate .**



**Having gone through the gate you are at the start of a 2km woodland walk through Hole Wood. Its all well signposted.**



**Walk on down to the valley floor passing some magnificent tall trees**



**Keep the brook on your left at all times..**



**..even when the main track crosses it.**





**When you reach  
the house in the  
woods..**

**...go through  
the gate..**



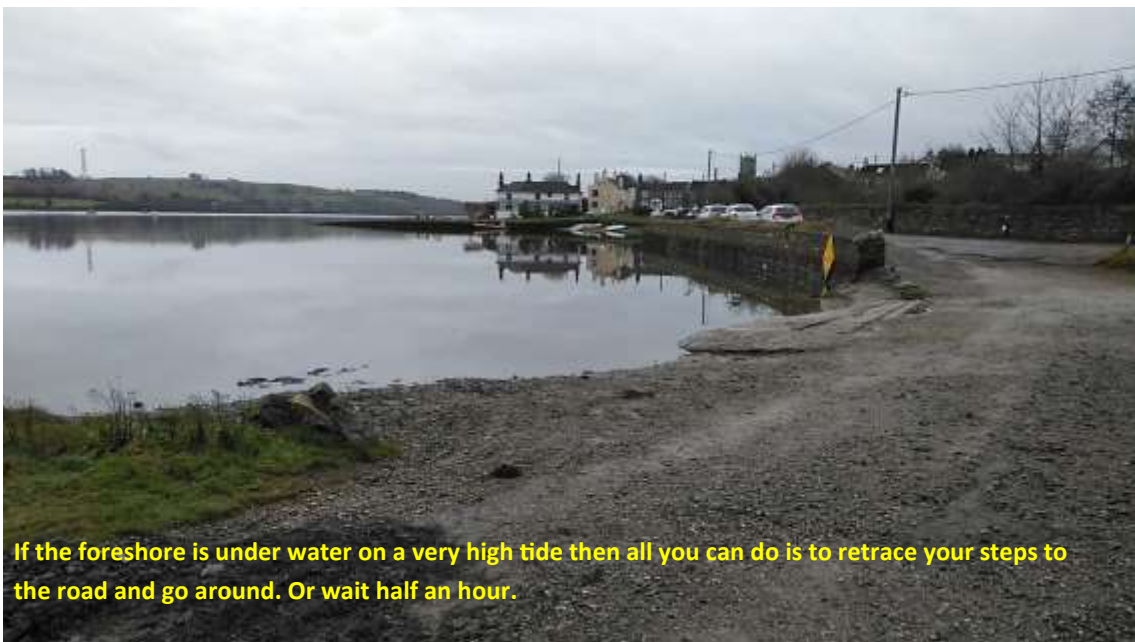
**...and turn right  
when you reach  
the road.**

**As the road goes up  
hill fork left to keep  
the brook on your  
left.**





**When you reach the River Tavy fork right up the narrow path and then along the foreshore which can be flooded on a very high tide and back to your car or the pub.**



**If the foreshore is under water on a very high tide then all you can do is to retrace your steps to the road and go around. Or wait half an hour.**