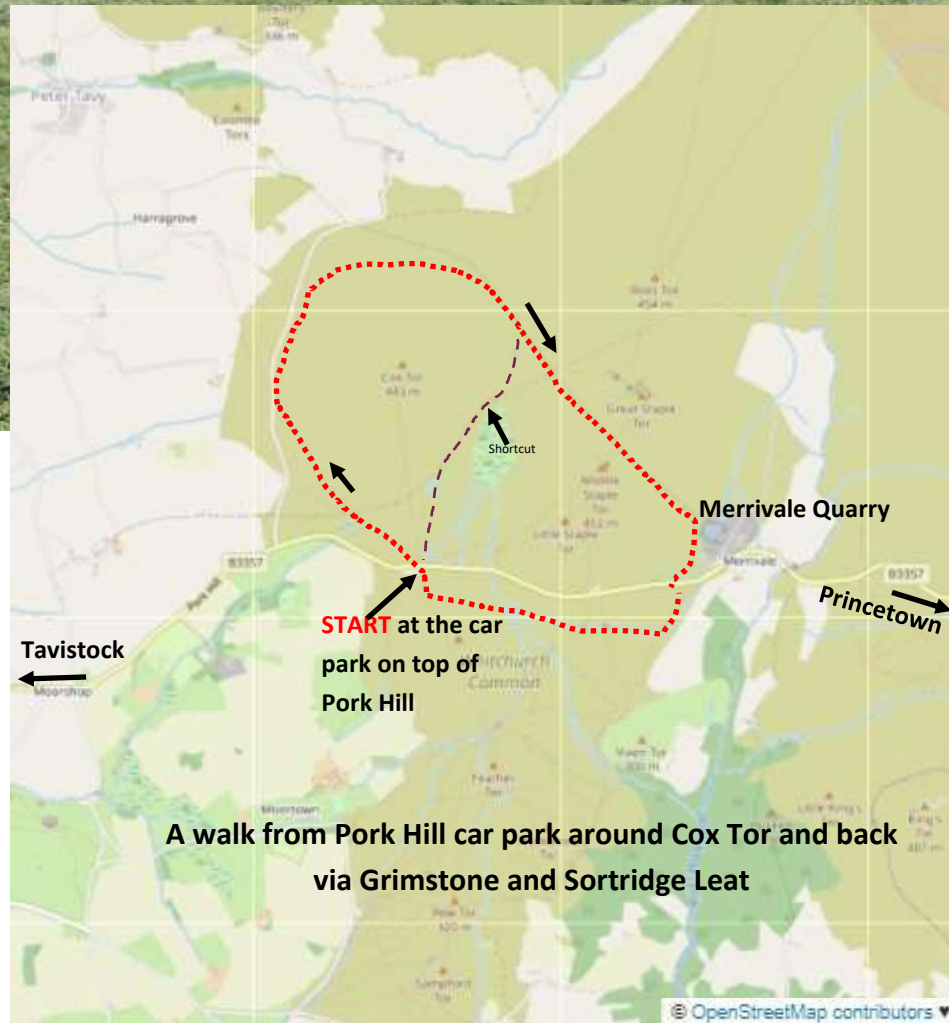


The Cox Tor Circuit Walk

View of Cox tor from the north



The walk starts at the car park at the top of Pork Hill which you reach by taking the B3357 Princetown road out of Tavistock . The car park is on the right shortly after going over the cattle grid on the western edge of the moor. SX530751

The walk is just over 4 miles and should take you about 2 hours to complete not allowing for stops to admire the view.

A **short cut** back reduces the walk by about a mile



From the car park cross the road towards Cox Tor veer left and head towards Brent Tor Church in the far distance

Soon you should find yourself walking along a stony section of track....



...which soon becomes a grassy track which you stay on all the way to the road.

On reaching the road turn right and stay on the right hand side. After about half a mile on the other side of the road a stone wall can be seen.





When you see a fence on top of the wall and then a gate veer right to walk away from the road towards Roos Tor on the skyline, it's the one with the funny looking rock on top. You may see a flag flying as well



As you walk around Cox Tor Staple Tor comes into view on the skyline....



...then Middle Staple Tor



We are heading for this point here

When you reach this Bronze age house fork left off the track you are on and head for the gap between Middle Staple tor and Staple tor. You will find yourself on a well defined path called the Quarrymans track. It's a narrow



Short cut back

If you want to shorten the walk by a mile then instead of forking off stay on the track to pass a pond on your left. Stay on the well defined grassy track and soon you will see the road and car park in the distance.



.....track that passes to the left of Middle Staple Tor.

At a junction keep right and stay on the Quarrymans path but if you want to detour up to Staple tor you can rejoin the track at the top.



With Middle Staple Tor now on your right and a bit behind you head towards the road



**Look out for
the stone
masons
benches as
you walk
down the hill**



**When you step over this dried up leat turn right and walk on
down to the top of Merrivale Quarry**



**With the quarry on
your left walk on
down to where the
Princetown road
meets the quarry
road**

.....passing a small building on your left.



On reaching the road turn right and then when the quarry entrance road is about 100m behind you....



...cross over and start to walk parallel with the wall and trees on your left heading towards Vixen tor



About 50m in from the road the track becomes more obvious and.....



..... leads to a bridge over the Grimstone and Sortridge Leat

Turn right at the bridge and walk up the leat either on the left or right passing two small bridges



When you reach this third bridge the leat must be on your left so cross the bridge if you need to.

There is a track that deviates away but stay close to the leat





Keep following the leat as it bends left

Stay on the path as it rises up above the leat



Get back down when you can and head for the aquaduct



Keep following the leat to where it goes over the aqueduct. The stream it crosses is narrow enough to step over.

As the leat bends sharply left go right up the bank



Keep heading uphill

Step across another leat and keep going.....



....following the sheep tracks up hill back to the car park that soon comes in to view.



