

River Plym from Sea to Source

Walk 2

Coypool (Marsh Mills) to Plymbridge

Walk 2 starts at the Coypool Park and Ride car park where there are toilets bike hire and buses into Plymouth City Centre. The post code is PL7 4NY, grid reference is SX 520 569. The walk is about 3.5 miles but you could continue on Walk 3 for a 7.5 mile walk if you wish. For the next 5 miles the West Devon Way is on a popular shared cycle track.

If you have completed Walk 1 you will know that it ended at Saltram and not the Park-n-Ride. Part of the river between Saltram and the Park and Ride car park will be included at the end of this walk.





Setting off walk on out of the car park towards the trains and turn left.



In about 50m fork right to follow Sculpture Trail (also *The West Devon Way* and *route 27 cycle track*) all the way to Plymbridge. Keep a look out for the sculptures some are quite hidden. It will take you about half an hour.



Walk 3 starts here. Walk 2 continues under the bridge

On reaching the large car park at Plymbridge we return to the start by walking under the stone bridge. (To put Walk 2 and 3 together fork left up the ramp.)



Just the other side of the bridge turn left to go through a kissing gate and follow the well-worn track across the field for 100m or so.



When the wider path swings right fork left.



Go through the gate and keep right and walk to the bridge without turning left or right. Cross over the bridge and the River Plym.



Staying close to the river on your left walk all the way through the wood. Eventually you will pass between some Park Homes on your right and the river on your left and emerge on Leigham Manor Drive. Keep going still with the river Plym on your left.

(In the winter this woodland track does get quite muddy so better to turn right and walk up to the road and use Leigham Manor Drive instead)



When Leigham Manor Drive bears right keep left to stay following the river.



We want to be still following the river so when you reach the end of this section of riverside path go over the bank through a gate and turn left to walk up Longbridge Road. Cross over the dual carriageway



Turn left and go over the River Plym and turn right to walk down a path towards the flyover with the river now on your right. Go under the first flyover and on to the next.



Unfortunately The Eye has now been painted over.



Follow the path that goes around to the left and back under the first carriageway above you. You have now rejoined the West Devon Way



Go past the entrance to Plymouth Speedway and then straight across the road and under a stone bridge. Keep going along this path.



When you meet the next road you will see the Park and Ride carpark in front of you.



The next walk along the river Plym is from Plymbridge to Bickleigh.